Protection from Thermal Expansion

Protection from thermal expansion is provided in a plumbing system by the installation of a thermal expansion tank in the hot water system piping downstream of the hot water tank and a temperature and pressure relief valve (T & P Valve) at the top of the tank.

The thermal expansion tank controls the increased pressure generated within the normal operating temperature range of the water heater. The small tank with a sealed compressible air cushion provides a space to store and hold the additional expanded water volume.

The T & P Valve is the primary safety feature for the water heater. The temperature portion of the T & P Valve is designed to open and vent water to the atmosphere whenever the water temperature within the tank reaches approximately 210°F (99°C). Venting allows cold water to enter the tank.

The pressure portion of a T & P Valve is designed to open and vent to the atmosphere whenever water pressure within the tank exceeds the pressure setting on the valve. The T & P Valve is normally pre-set at 125 psi or 150 psi.

Water heaters installed in compliance with the current plumbing code will have the required T & P Valve and thermal expansion tank. For public health protection, the water purveyor may require the installation of a check valve or backflow preventer downstream of the water meter. In these situations, it is essential that a T & P Valve and thermal expansion tank be properly installed and maintained in the plumbing system.

For further information contact your local water purveyor, City or County building department, licensed plumber or the PNWS/AWWA Cross-Connection Control Committee through the PNWS office at (877) 767-2992

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American Water Works Association Pacific Northwest Section
Thermal Expansion Danger

Most homes are supplied with hot water from an electric or gas heated tank. Until the heating element stops working, and one is faced with a cold shower, the water heater is usually taken for granted. However, if not properly maintained, a water heater may become a safety hazard.

Water expands in volume as its temperature rises. The extra volume caused by thermal expansion must go somewhere. If not, the heated water creates an increase in pressure. This is the principle of a steam engine.

The temperature and pressure in the water heater is reduced when hot water is withdrawn from a faucet and cold water enters the tank. The increase in pressure from thermal expansion can also be reduced by water flowing back into the public water system. However, when a check valve, pressure-reducing valve or backflow preventer is installed in the service pipe a “closed system” is created. Provisions must be made for thermal expansion in these cases.

The thermostat of the water heater normally maintains the water temperature at about 130° F (54° C). However, if the thermostat fails to shut off the heater, the temperature of the water will continue to increase. If the water temperature increases to more than 212° F (100° C), the water within the tank becomes “super heated”. When this super heated water is suddenly exposed to the atmosphere when a faucet is opened, it instantly flashes into steam and a violent reaction may result. As the pressure within the tank continues to build up under super heated conditions, the tank may explode.

Why the Installation of a Backflow Preventer is Required on a Water Service

Water normally flows in one direction, from the public water system through the customer's cold or hot water plumbing to a sink tap or other plumbing fixture. The plumbing fixture is the end of the potable water system and the start of the waste disposal system.

Under certain conditions water can flow in the reverse direction. This is known as backflow. Backflow occurs when a backsiphonage or backpressure condition is created in a water line.

Backsiphonage may occur due to a loss of pressure in the water distribution system during a high withdrawal of water for fire protection, a water main or plumbing system break, or a shutdown of a main or plumbing system for repair. A reduction of pressure below atmospheric pressure creates a vacuum in the piping. If a hose bib was open and the hose was submerged in a wading pool were flowing during these conditions, the non-potable water in the pool would be siphoned into the house plumbing then back into the public water system.

Backpressure may be created when a source of pressure, such as a pump, creates a pressure greater than that supplied from the distribution system. If a pump supplied from a non-potable source, such as a landscape pond, were accidentally connected to the plumbing system, the non-potable water could be pumped into the potable water supply.

What the Homeowner Should Do to Ensure Protection from Thermal Expansion

- The homeowner should check to see that an expansion tank and T & P Valve are in place. If there is any doubt, the homeowner should contact a licensed plumber.
- The T & P Valve should be periodically inspected to ensure that is properly operating. Some T & P Valves are equipped with a test level. Manually lifting the lever unseats the valve, allowing water to discharge. If water continues to leak from the T & P Valve after closing, the valve may need to be replaced. A drain line must be installed to avoid water damage and scalding injury when the valve operates.
- The T & P Valve should be periodically removed and visually inspected for corrosion deposits and to insure it has not been improperly altered or repaired.
- The above work can best be done by a licensed plumber.